

Learning, caring, sharing in Chinook's Edge



Make good choices in the face of adversity, was the message from Ryan Straschnitzki to students and staff at Innisfail Campus last Thursday. Ryan, former Humboldt Bronco, was paralyzed in the accident that claimed the lives of 16 of his teammates and stunned the nation nearly five years ago. His message is that mindset matters - never spend so much time looking at the closed door that we don't see the ones that have opened for us.



Can our Principal! Sundre High School's student leadership group held a successful food drive, with a goal to surround Principal Scott Saunders with cans of food donations. In the end, students and staff donated over 1500 items to support local people in need.



Merry and bright! Reed Ranch Renee is making sure the students who ride her bus each day are surrounded by holiday cheer.

Chinook's Edge has a new Employee & Family Assistance Program provider called Inkblot (<u>inkblottherapy.com/asebp</u>). You will still access your benefits, resources, information and claims through <u>ASEBP</u>. Your benefits will not change and no action is required on your part - but check out their services to see what you might like to access!

This week's Staff Health & Wellness profile is: Aaryn Manning, Division Office