

## Food for thought: sharing the spirit of fellowship by sharing a donation of food

It makes us happy to be starting off this year refreshed, unrestricted and ready to go. As we move forward together, we know the last few years have left hardship in their wake for some families - some are Chinook's Edge families.

Our schools and departments have a powerful connection with students and families, and are filled with people who want to help where they can. With some families facing food insecurity (being without reliable access to a sufficient quantity of affordable, nutritious food), we think food is a great place to start! Division Office will be organizing initiatives, involving Division Office staff, to support the Innisfail Food Bank throughout the year.

We know many schools already have plans in place to support your local Food Bank and we admire the longstanding tradition of encouraging Food Bank donations during the Christmas concert season and other events throughout the year.

These initiatives will have significant impact on local individuals and families. Thank you for building hope for our neighbours and friends - please share photos with Sandy of any extra initiatives you might plan at your school. We know many people, beyond our students, have learned about compassion and leadership by seeing your goodwill in action! People benefit from nourishing food, but also from caring compassion.



**Filling up on fellowship** - The Bowden Grandview School community enjoyed their longstanding tradition at the Grade 1 & Grade 12 breakfast, which is sponsored each year by retired Bowden Grandview teacher Pat Filipenko. Breakfast is always followed by sharing a good book!



**New equipment inspires students and staff** - Students at École H.J. Cody School's Industrial Education program are benefitting from the generosity of several Sylvan Lake community initiatives. Read more [here](#).

Chinook's Edge Staff Health & Wellness vision:

to **EMPOWER, EDUCATE, ENGAGE & ENCOURAGE** staff in their wellbeing, as well as to further **EMBED** wellness into our CESD culture.

This week's Staff Health & Wellness profile is: [Richard Dunnigan](#), Spruce View School!