

Success In School For Children and Youth In Care

Working Together Successfully

WORK TOGETHER TO SUPPORT EACH OTHER:

One measure of successful core team collaboration is evident when the child or youth in care is adapting and thriving in school and in life. Creating a successful core team takes time, effort and commitment. The relationships that we create are strongest when built upon trust, knowledge and common goals. Everyone involved is impacted in a positive way through the creation of powerful relationships and collaborations. Such relationships are critical for helping young people in care.

The student's strengths, needs, hopes and dreams help to determine who should participate in collaborative team meetings. Team members surrounding the young person in care can include a variety of people such as the caseworker, caregiver(s), families, school point person, school principal, counsellor, classroom teacher and others as appropriate. Some students may wish to include a person they feel close to as part of their team, such as a trusted teacher, support staff, coach, friend or community member. By helping children and youth in care in a positive and proactive way, the team is not only helping to prevent crises in their lives but also helping the students become independent, capable, confident individuals who experience success in school and in life.

The following strategies are based on research and successful practices and are intended to assist communities and teams as they plan together to help young people in care.

BUILD STRONG RELATIONSHIPS:

- Host a get-together with local agencies that serve children, youth and families to connect and share information about roles and responsibilities.
- Talk with each other and learn about your partners' work. Confirm your joint commitment to collaborate in helping students in care be successful in school.
- Agree to involve and listen to young people in care, and set goals and objectives with them.
- Evaluate progress regularly and work on issues or conflicts that may occur.
- Build trust by sharing successes through notes, phone calls, e-mails, etc., and by meeting regularly to celebrate those successes.

SHARE INFORMATION:

- Talk about information sharing issues and constraints ahead of time.
- Discuss your roles and mandates in regards to sharing information. The cross-sector Information Sharing Guideline (<http://infosharing.gov.ab.ca/home/publications.cfm>) is an excellent resource for the team as members work to understand and resolve information sharing questions.
- Share information about the strengths and challenges of the young person in care from each person's or system's perspective. Determine methods to share information on an ongoing basis.
- Sharing information about past assessments, school experiences, critical incidents and medical diagnosis is critical for supporting appropriate school programming decisions. Such information can also help to provide supports for the young person at home and in the community.
- Where appropriate, share information about significant experiences in the young person's life so the team can better understand difficult behaviours or emergent needs.
- To ensure appropriate levels of supervision and protection of all, it is important to share current or prior behavioural needs that may pose a risk to the young person in care or someone else.
- Discuss other community resources that can be accessed to support the young person.
- Inform the team about any caseworker or caregiver change and provide contact information.

PREPARE THE STUDENT IN CARE FOR TEAM MEETINGS:

- Have a trusted adult talk with the student in care prior to the collaborative team meeting to explain the purpose of the meeting and reinforce that this a meeting to plan for the student's success. Remind the student that his input to the meeting is important to help make school a positive experience.
- Ask the young person about aspects of school she likes and about her challenges with school. Ask about her hopes and goals and how the team can help with achieving those goals.
- Ask the young person to think about what he would like the team members to know about him and to think of any questions he might have for the team. The young person may want to put this in writing or ask an adult to pose the questions on his behalf.

Keep Meetings Positive and Student Centred

BEGINNING THE MEETING:

- Consider having refreshments or a simple snack for the team to share to help make the atmosphere more relaxed and informal. The student might like to help prepare the snack as a contribution to his meeting.
- Consider the purpose of the meeting and invite only those who are necessary. Having too many adults can be overwhelming for students or create an atmosphere of discomfort for them and/or their caregivers. Larger numbers of participants contributes to length of the meeting and reduces opportunities to speak.
- Take time to introduce each member of the team. When meeting for the first time, have each member tell a bit about themselves and their relationship with the student. Ensure the young person knows who everyone is and their role in helping with her success.
- Talk about the purpose of the meeting; describe everyone's roles at the meeting and the process that will be followed, including who is chairing, who will keep notes and who will act as timekeeper.
- Before the meeting, ask if there are cultural protocols that need to be followed and allow time for this in the meeting process.

ENGAGING THE YOUNG PERSON:

- Remind the team that the meeting is about the strengths, hopes and needs of the student in care, and about determining how the team will work together to help the young person achieve his goals.
- Encourage the young person to talk about her hopes, dreams and goals for her education and school-related activities. Be sure to listen and ask questions for clarification without reacting negatively or challenging what she is saying. Focus on the positive.
- Encourage team members to share information about the strengths and talents of the child or youth. Young people have said it helps knowing there are trustworthy adults who care about them and recognize their strengths and interests. Helping the young people by reflecting their strengths back to them builds resiliency, self esteem and enhances those strengths.

PLANNING FOR TEAM SUCCESS:

- Share contact information and various ways of reaching each team member to ensure ease of communication.
- Record decisions and agreed-upon actions of the team including who is responsible to follow up with each action. Provide copies to each team member after the meeting.
- At the end of the first meeting, set future meeting dates, when applicable. Delegate a team member to arrange the meeting logistics and send reminders to the rest of the team. This task could be completed by a support staff person.
- Allow time at the end of the meeting for questions or comments and to thank everyone for participating.
- When possible, combine the collaborative team meetings with other meetings such as student/parent/teacher conferences or Individual Program Plan (IPP) discussions to reduce the number of meetings. Caseworkers could arrange for concurrent plan discussions to occur immediately prior to, or after the school success meeting for the convenience of those involved. School staff would typically not be involved in these discussions.

CELEBRATE SUCCESSSES:

- Make time at least once a year for the team to celebrate successes. In a relaxed setting, review the year's accomplishments and discuss suggestions for the future. Take time to celebrate the successes of the students and the good work of the team.
- Some acknowledgement of successes may be as simple as a note or a phone call, while other celebrations could involve a small gift or going out together for a special event.
- Events such as completing high school deserve special recognition and the celebration of success should be a collaborative effort of the team. Some regions host a lunch or dinner with guest speakers where they take the opportunity to honour each young person in care who has graduated with a special ceremony. Other regions give a gift of significance to the young person, including a cultural component where applicable, such as involvement of elders or a gift of an eagle feather or blanket. Youth in care should be supported by their caregivers and caseworkers to attend their high school graduation events as any other graduating student.