

Simplified Storyboard Information For Young Children or Students with Complex Needs

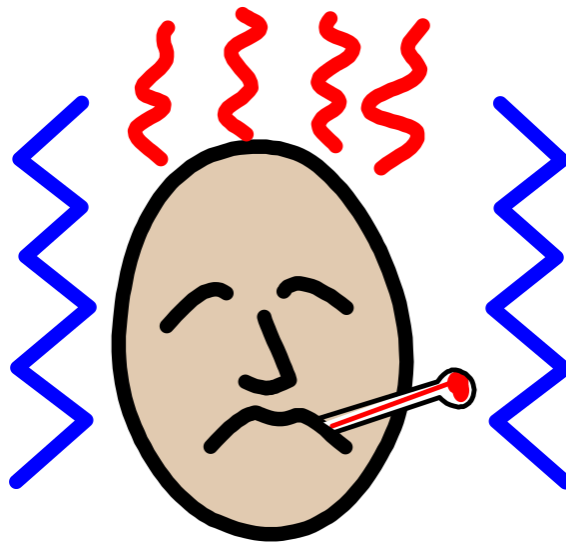


Created by: Lyndsay McLatchy teacher at Horizon School

Coronavirus Covid-19



Coronavirus can be called Covid-19. It is a new type of flu. A flu will make you feel sick

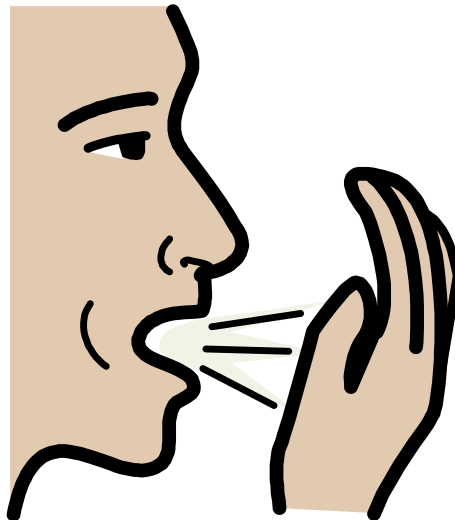


Some people get a fever when they are sick

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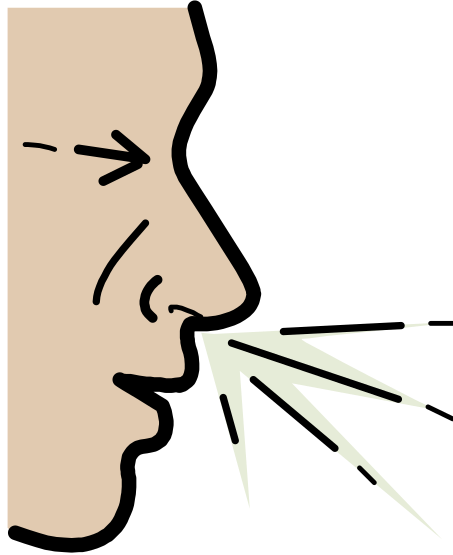


Some people feel tired or fatigued with no energy.

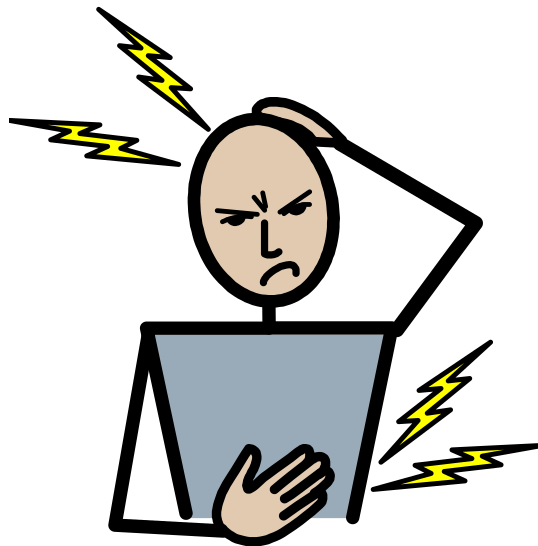


Some people have a cough.

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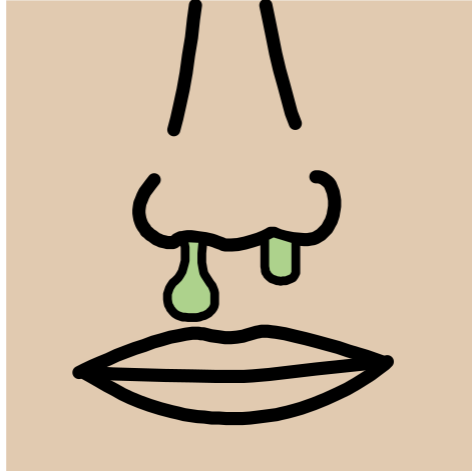


Some people sneeze.

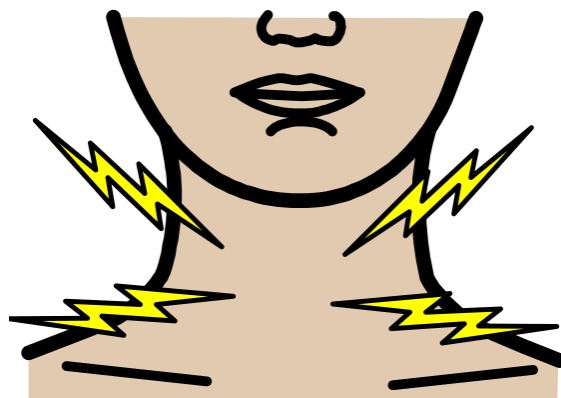


Some people have aches and pains and don't feel well.

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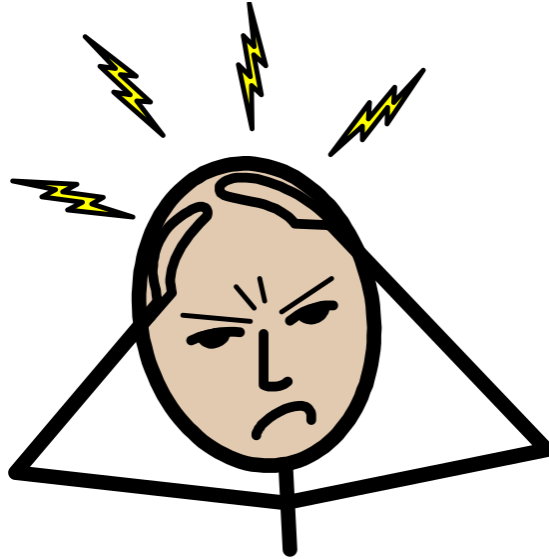


Not very many people get a runny or a stuffy nose, but some do.



Some people get a sore throat

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Some people get a headache.



Some people feel like they're short of breath.

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Some people may even get diarrhea but this is rare



Everyone's symptoms may be different.

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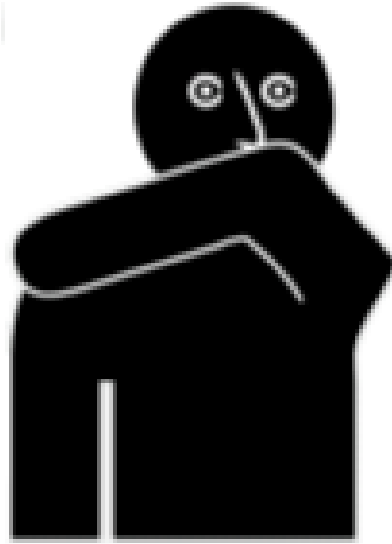


There are many things we can do to stay safe and healthy while people are getting sick

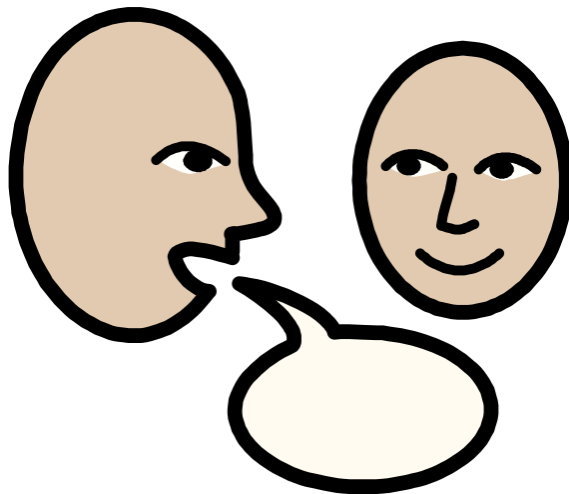


I should be washing my hands with soap and water often. Before I eat my food, any time I sneeze, blow my nose, cough, or touch my face, after using the washroom, or after being out in the public.

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I should cover my cough or my sneeze in my elbow.

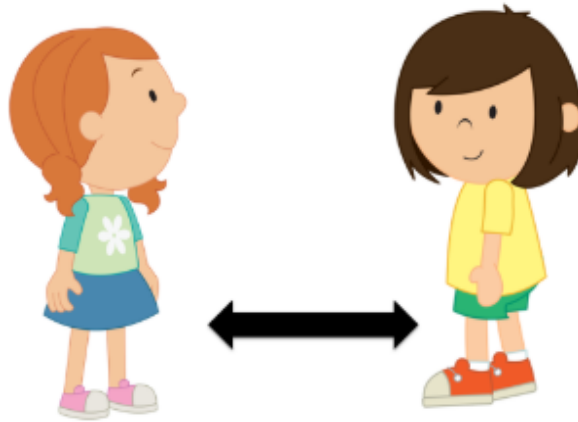


I should tell an adult when I am not feeling well.

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If some people aren't feeling well they might wear a face mask to stop spreading their germs. This is not a bad or a scary thing, it is just safe to do.



Everybody should try to stand at a distance from other people. A safe distance apart would be if you stuck out your arm and they do too, your fingers shouldn't touch.

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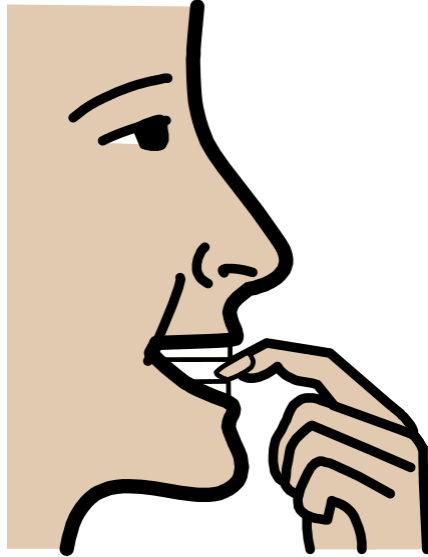


Some things are unhealthy for me to do.

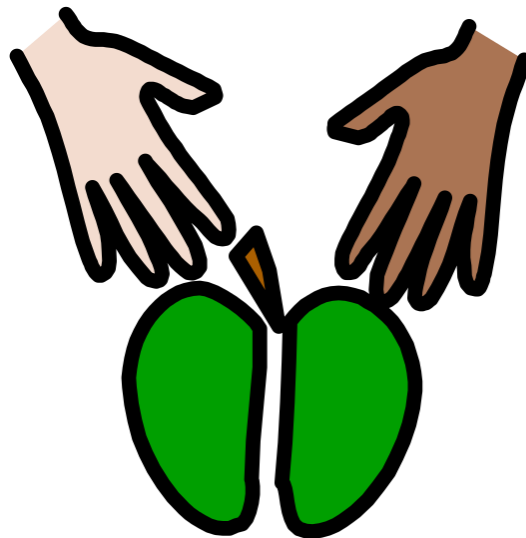


I should try not to touch my face because germs can get into my body through my eyes, nose or mouth that could make me sick.

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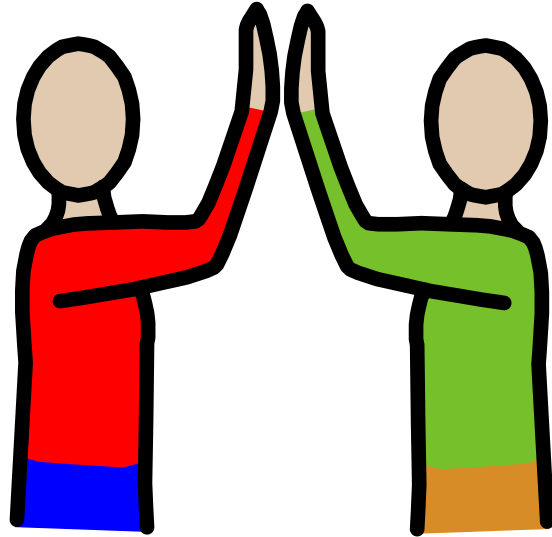


I shouldn't be biting my nails or licking my fingers.



I shouldn't be sharing food or drinks.

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I shouldn't be giving high fives to people.

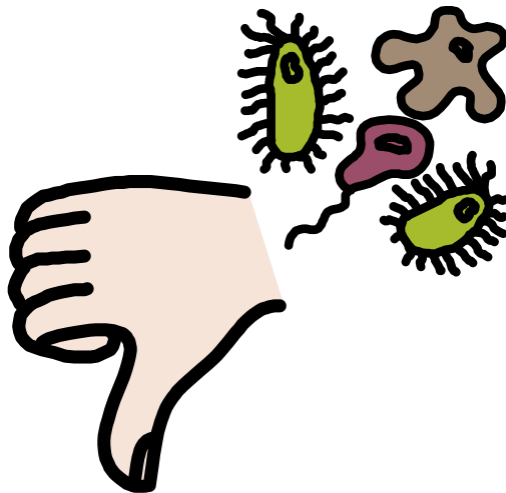


I should try not to hug people (except sometimes if I need a hug from family). If I need a hug I should ask first.

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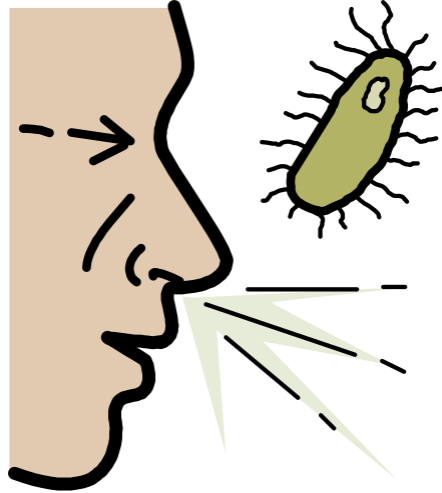


I shouldn't be shaking people's hands. This is not rude, it is just safer to avoid spreading germs between people. You can tell the other person why you are not shaking hands so they don't become upset or offended.



I should try not to touch things in public that lots of other people have touched. Things can carry germs

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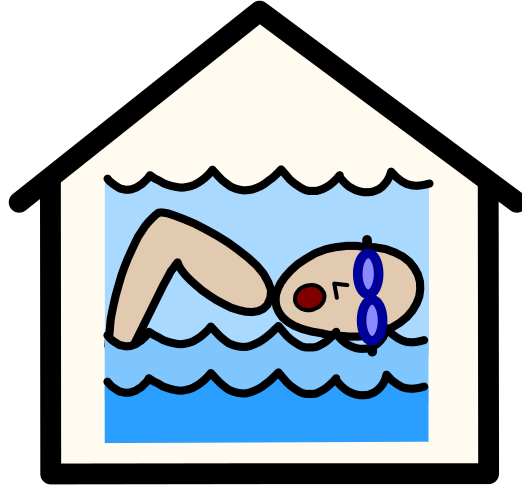


While the virus is spreading, there may be some changes to our communities or routines.

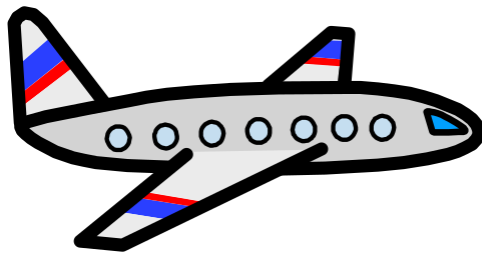


School may be closed for a while. We don't know how long this will take. This may be disappointing or sad, but we are doing it to keep everyone safe.

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Some places may close down like the pool or libraries to avoid spreading germs to the public.



Flights on planes or travel may be shut down while the virus is spreading. It might take a while to travel again.

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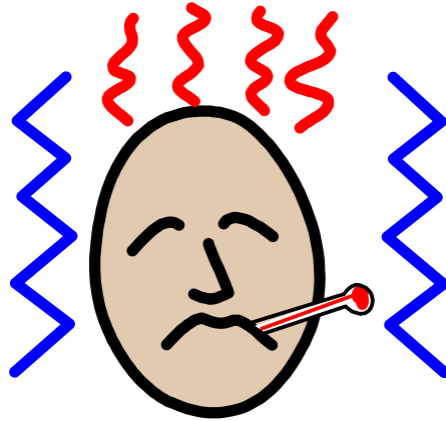


Some stores, restaurants and shops may close while the virus is spreading. This is to stop people from getting sick.

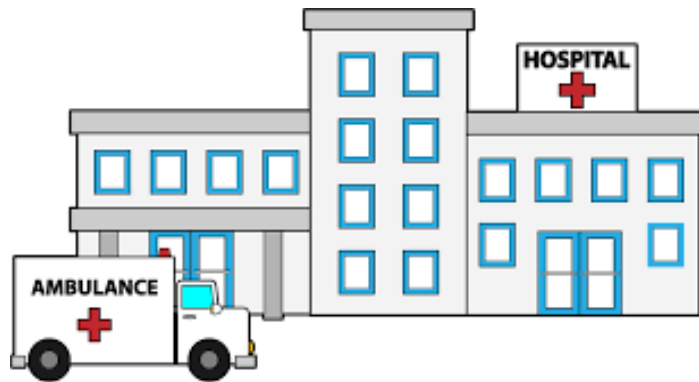


But hospitals, and doctor's offices stay open so they can continue to help people who are sick.

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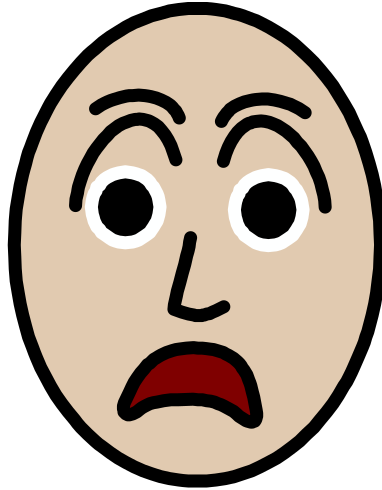


People we know may get sick. Some will just have an experience like the common cold or flu and then will be feeling better again.

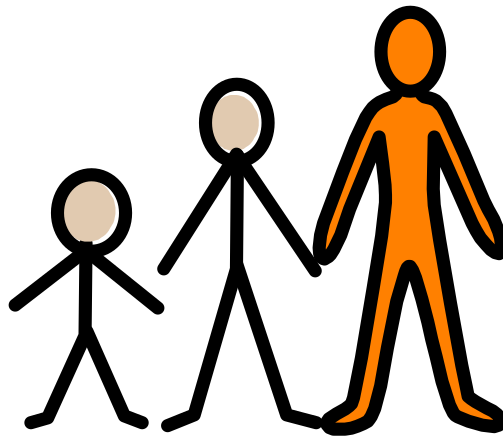


Other people may need to go into the hospital or even ride in an ambulance, but that is not very common. And it is only to get the help and medical attention they need.

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This flu hasn't been around before so it might make people feel worried, scared, anxious or panicky.



You should talk to a trusted adult if you are upset or have questions about the virus.

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Businesses, restaurants and schools will open back up when the spread of the virus decreases, and things will go back to normal soon. Then we can see our friends again and go back to our usual routines.



We should try to be patient with each other while people figure things out and find ways to help each other until the virus passes.